

## Elena Kalina

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### EDUCATION

- 2026      Ph.D.    **University of Florida – Gainesville, Florida**  
 Health and Human Performance, Health Behavior Concentration  
**Dissertation:** *An EMA Investigation of Impaired Control Over Alcohol Among College Students Who Drink Heavily* (Chair: Nichole M. Scaglione, PhD)
- 2023      M.S.      **University of Florida – Gainesville, Florida**  
 Health Education and Behavior  
 Certified Health Education Specialist (CHES) credential (April 2024)
- 2019      B.A.      **Barrett, The Honors College at Arizona State University – Tempe, Arizona**  
 Psychology (with Honors)  
 Honors Recognition: Cum Laude  
**Honors Thesis:** *Measuring Presence and its Impact on Learning in an Embodied VR Game*,  
 (Advisor: Mina C. Johnson-Glenberg, PhD)
- 2017      A.A.      **Rio Salado Community College – Tempe, Arizona**  
 Phi Theta Kappa

### PROFESSIONAL EXPERIENCE

- 2026-Present    **Postdoctoral Research Fellow**, Businelle Lab, TSET Health Promotion Research Center, Stephenson Cancer Center, The University of Oklahoma Health Campus
- 2025-2026      **F31 Predoctoral Fellow (AA032440)**, National Institute on Alcohol Abuse and Alcoholism (NIAAA), National Institutes of Health
- 2022 – 2026    **Graduate Research Assistant**, Sexual Assault Prevention and Research Lab (PI: Nichole M. Scaglione, PhD), Department of Health Education and Behavior, College of Health & Human Performance, University of Florida
- 2022 – 2025    **T32 Predoctoral Fellow (AA025877)**, Southern HIV and Alcohol Research Consortium (PI: Robert Cook, PhD), Department of Epidemiology, College of Public Health and Health Professions, University of Florida
- 2021 – 2022    **Graduate Research Assistant**, Ethanol, Drug, and Gambling Experimental Lab (PI: Robert Leeman, PhD), Department of Health Education and Behavior, College of Health & Human Performance, University of Florida
- 2020 – 2021    **Lab manager**, Social Addiction Impulse (SAIL) Lab (PI: Julie Patock-Peckham, PhD), Department of Psychology, Arizona State University

- 2019 – 2021 **Undergraduate Research Assistant**, Embodied Virtual Reality (VR) Lab (PI: Mina C. Johnson-Glenberg, Ph.D.), Department of Psychology, Arizona State University
- Spring 2018 **Undergraduate Research Assistant**, Barrow Neurological Institute (PI: Leslie Baxter, Ph.D.)

## AWARDS & HONORS

- 2024-2026 **Best Graduate Student Poster Award for the Department of Health Education and Behavior**, DK Stanley Symposium, College of Health and Human Performance, University of Florida
- 2026 **Completion of the 3-level Professional Development Program**, Southern HIV and Alcohol Research Consortium (SHARC), Department of Epidemiology, University of Florida (\$1,000 travel award)
- 2025 **APA Division 50 Student Research Grant**, American Psychological Association (\$1,500)
- 2025 **Dissertation Aid Grant**, Center for Addiction Research and Education, University of Florida (\$7,500)
- 2023-2025 **Student Travel Award**, Center for Addiction Research and Education (CARE), University of Florida
- 2024 **Early Career Preventionists Network Award**, Society for Prevention Research Annual Meeting 2024
- 2024 **Student Merit Award**, Research Society on Alcohol Annual Meeting 2024
- 2024 **Student Travel Award**, Department of Health Education and Behavior, University of Florida
- 2019 **Psi Chi Member**, Arizona State University
- 2019 **Walter R. Doherty Scholarship Recipient**, Arizona State University
- 2018- 2019 **Dean's List**, Arizona State University
- 2017 **All Arizona Academic Team Scholarship Recipient**, Rio Salado Community College
- 2017 **Phi Theta Kappa Member**

## PUBLICATIONS

### Peer-Reviewed Publications

*\*Indicates publications with mentored students.*

1. **Kalina, E.**, Russell, M., Cruz, G. J., Leeman, R. F., & Scaglione, N. M. (2025). Behavioral reactivity to ecological momentary assessment measuring alcohol and sexual assault protective behaviors protocol. *Experimental and Clinical Psychopharmacology*. Advance online publication. PMCID: PMC12593412. <https://doi.org/10.1037/pha0000807>
2. **Kalina, E.**, Boyd-Frenkel, K., Patock-Peckham, J. A., Schneidewent, L., Broussard, M. L., & Leeman, R. F. (2023). Does relationship-contingent self-esteem play a role in the stress to impaired control pathway to alcohol-related problems in a college student sample? *Behavioral Sciences*, 13(2), 1-12. PMCID: PMC9952616.

3. Patock-Peckham, J. A., Williams, J., **Kalina, E.**, Canning, Cruz, A., H., Ruof, A., Bauman, D.C., Curtis, J. D., & Belton, D. (2026). Behavioral impaired control over alcohol: Comparing the Self-Medication Hypothesis and Behavioral Economic Models with the interacting effects of acute stress, chronic stress, with physical neglect history, and sex assigned at birth. *Behavioral Sciences*, 16(8), 1342. <https://doi.org/10.3390/bs16081342>
4. Cho, H., **Kalina, E.**, Wu, J., Cook, R., Salloum, R., Liu, Y., Bian, J., Guo, J., & Starkweather, A. (2025). A Scoping Review of Observational Research on Cannabis Use for Symptom Management in HIV and Cancer: Implications for Cannabis Nursing. *Journal of Clinical Nursing*, 34(2), 422-429. PMCID: PMC11747838.
5. Muniz, F., **Kalina, E.**, Patock-Peckham, J. A., Berberian, S., Fulop, B., Williams, J. & Leeman, R. F. (2024). A latent measurement model of stress and impaired control over drinking: An investigation of stress and impaired control as mediating mechanisms of the indirect link from parenting styles to alcohol use and problems. *Behavioral Sciences*, 14(5), 384. PMCID: PMC11117968. <https://doi.org/10.3390/bs14050384>
6. \*Rosner, B., **Kalina, E.**, Masterson, A., Leeman, R. F., & Hone, L. S. E. (2023). Effects of a smartphone intervention on unprotected and regretted sex among heavy drinking young adults. *University of Florida Journal of Undergraduate Research*, 25, 1-11.
7. Johnson-Glenberg, M. C., Bartolomea, H., & **Kalina, E.** (2021). Platform is not destiny: Embodied learning effects comparing 2D desktop to 3D virtual reality STEM experiences. *Journal of Computer Assisted Learning*, 37(5), 1263-1284. <https://doi-org.lp.hscl.ufl.edu/10.1111/jcal.12567>
8. **Kalina, E.**, & Johnson-Glenberg, M. C. (2020). Presence and platform: Effects of embodiment comparing a 2D computer and 3D VR game. *Institute of Electrical and Electronics Engineering*, 31-37. 10.23919/iLRN47897.2020.9155160
9. Johnson-Glenberg, M. C., Ly, V., Su, M., Zavala, R. N., Bartolomeo, H., & **Kalina, E.** (2020). Embodied agentic STEM education: Effects of 3D VR compared to 2D PC. *Institute of Electrical and Electronics Engineering*, 24-30. 10.23919/iLRN47897.2020.9155155

### Manuscripts Under Review

1. Ferreira, A. V., Lavoie, H. A., **Kalina, E.**, Leeman, R. F., & Patock-Peckham, J. A. Impaired control over alcohol use: What's in a name?

### Manuscripts in Preparation

1. **Kalina, E.**, Arteaga, A., Morgan-Daniel, J., Leeman, R.F., & Scaglione, N. M. How to assess event-level impaired control and related constructs: A scoping review.

2. **Kalina, E.**, Berey, B. L., Frohe, T., Copeland, A., Taylor, L., Leeman, R. F. Mediation models of impulsivity, the DIDs, and alcohol-related-problems.
3. Scaglione, N. M., **Kalina, E.**, Murray, E. E., Goldstein, S. J., Hobbs, K., & Potter, S. J. Informing the development of a mobile app for integrated alcohol and sexual assault prevention: Guidance from formative focus groups with college students and campus partners.
4. Scaglione, N. M., **Kalina, E.**, Goldstein, S. J., Dorsainvil, M., Allen-Mitchell, A., Rodriguez, A. K., Grimes, K. E. L., & Carr, C. Sexual assault leadership training: A thematic analysis of cadet, graduate, and instructor readiness & recommendations for enhancing prevention training at the U.S. Air Force Academy.
5. Goldstein, S. J., **Kalina, E.**, Murray, E., Grimes, K. E. L., Blakey, S. M., Scaglione, N. M. Cadet perspectives on USAFA climate as it relates to sexual assault: Informing cross-cutting prevention.
6. Scaglione, N. M., Turrise, R., **Kalina, E.**, & Cohen, J. R. Examining the impact of protective behavioral strategies on the association between drinking and sexual assault in first-year college women.
7. Cho, H., **Kalina, E.**, Wu, J., & Starkweather, A. Systematic review of marijuana use to relieve symptoms in cancer patients.
8. Schneidewent, L., Patock-Peckham, J. A., Broussard, M. L., **Kalina, E.**, Belton, D., Frohe, T., & Leeman, R. F. Exploring the indirect effects of trauma on impaired control and alcohol-related problems through the mechanisms of sensation seeking, and positive/negative urgency traits.

## CONFERENCE & MEETING PRESENTATIONS

1. **Kalina, E.**, Murray, E. E., Goldstein, S. J., Hobbs, K., Potter, S. J., Scaglione, N. M. (2026, May). *Leveraging intervention optimization to add alcohol harm reduction features to an existing campus safety and wellness app for college students*. Poster presented at the Intervention Optimization Conference, Bethesda, MD.
2. Murray, E. E., **Kalina, E.**, Goldstein, S. J., Hobbs, K., Potter, S. J., & Scaglione, N. (2026, May). *Leveraging personalized mobile app-based messaging to enhance integrated, multi-level alcohol and sexual assault prevention for college students*. Poster presented at the Society for Prevention Research (SPR) 34th Annual Meeting, Washington, DC.
3. Yuan, S., Martinez, J., Engle, H. M., **Kalina, E.**, Wilson, B. R., Benvenuti, M. C., Chauca, P. G., Sagas, M., Yurasek, A., Scaglione, N. M., Ray, A. E., & Leeman, R. F. (2026, June). *Updated results on A Quasi-experimental Examination of Alcohol Use and Related Consequences among Young Adults on Game Day Type and Other Contextual Factors*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, San Antonio, TX.

4. Yuan, S., Masterson, A., **Kalina, E.**, Wilson, B. R., Corbin, W. R., Fillmore, M. T., Hone, L.S.E., & Leeman, R. F. (2026, May). *Acceptability, usability, feasibility and preliminary efficacy of a smartphone app providing personalized feedback on inhibitory control task performance to young adults who drink heavily*. Poster presented at the Society for Prevention Research (SPR) 34th Annual Meeting, Washington, DC.
5. **Kalina, E.**, Arteaga, A.M., Morgan-Daniel, J., Leeman, R. F., & Scaglione, N. M. (2025, June). *How to assess event-level impaired control: A scoping review*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, New Orleans, LA (also presented at the annual DK Stanley Memorial Symposium at the College of Health and Human Performance, University of Florida, Gainesville, FL).
6. Yuan, S., Masterson, A., **Kalina, E.**, Wilson, B.R., Corbin, W. R., Fillmore, M.T., Hone, L.S.E., & Leeman, R.F. (2025, June). *Pre/post reductions in alcohol use with a smartphone app providing young adults personalized feedback on response inhibition*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, New Orleans, LA.
7. Wilson, S.E., Yuan, S., Engle, H. M., Pavila, E., Lavoie, H., **Kalina, E.**, Benvenuti, M. C., Chauca, P., Martinez, J., Farone, A., Yurasek, A., Ray, A., Scaglione, N. M., & Leeman, R. F. (2025, June). *High-risk drinking at collegiate sporting events: Alcohol use, negative consequences, and protective behavioral strategies*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, New Orleans, LA.
8. Goldstein, S. J., **Kalina, E.**, Murray, E., Grimes, K. E. L., Blakey, S. M., Scaglione, N. M. (2025, August). *Cadet perspectives on USAFA climate as it relates to sexual assault: Informing cross-cutting prevention*. Poster presented at the Military Health Systems Research Symposium, Kissimmee, FL, United States.
9. **Kalina, E.**, Wu, J., Starkweather, A., Cook, R. L., Cho, H. (2024, April). *Cannabis use among patients living with HIV or cancer: A scoping review*. Poster presented at the Community, Providers, and Researchers Annual Meeting, Tampa, FL.
10. **Kalina, E.**, Arteaga, A. M., Wells, C., Polbos, T., Goldstein, S., Cruz, G. J., Russell, M., Scaglione, N. M. (2024, June). *Assessing within-person behavioral reactivity to an ecological momentary assessment protocol measuring protective behavioral strategies*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, Minneapolis, MN (poster also presented at the annual DK Stanley Memorial Symposium at the College of Health and Human Performance, University of Florida, Gainesville, FL).
11. **Kalina, E.**, Goldstein, S. J., Allen-Mitchell, A., Rodriguez, A. K., Carr, C., & Scaglione, N. M. (2024, May). *Prepared for prevention? Sexual assault leadership training at the U.S. Air Force Academy*. Poster presented at the Society for Prevention Research Annual Scientific Meeting, Washington, DC.
12. Scaglione, N. M., Potter, S., Hobbs, K., **Kalina, E.**, Rizzo, A., & Graves-Boswell, T. (2024, May). *Formative research informing expansion of the uSafeUS® mobile app to reduce*

- alcohol-involved sexual assault on college campuses*. In R. Freeman (Chair), Mobile technology to conduct alcohol-related violence prevention. Symposium presented at the Research Society on Alcohol Annual Scientific Meeting, Minneapolis, MN.
13. Goldstein, S. J., **Kalina, E.**, West, H. M., Rinoso, J., Allen-Mitchell, A., Rodriguez, A. K., Carr, C., & Scaglione, N. M. (2024, May). *A qualitative inquiry about sexual assault leadership training at the U.S. Air Force Academy*. Poster presented at the D.K. Stanley Poster Symposium, Gainesville, FL, United States.
  14. Masterson, A. P., **Kalina, E.**, Wilson, B.R., Corbin, W.R., Fillmore, M.T. Leeman, R.F., & Hone, L. S. E. (2024, June). *Acceptability and usability of a smartphone app providing young adults personalized feedback on response inhibition post versus pre-drinking*. Poster presented at the Research Society on Alcohol, Minneapolis, MN.
  15. Patock-Peckham, J.A., **Kalina, E.**, Smyth, H., Canning, J., Ruof, A., Bauman, D. C., Belton, D., Andres, L., Williams, J. (2024, June). *Number of standardized drinks ordered as a function of physical neglect history by acute stress by sex assigned at birth*. Poster presented at the Research Society on Alcohol, Minneapolis, MN.
  16. Jackson, S., Maloney, S., Perez, J., Gracy, A. J., Gracy, A. M., **Kalina, E.**, Pavila, E., & Cook, R. (2024, May). Exploring the Relationship between experience and pain among a population of current medical cannabis users in Florida. Poster presented at the Cannabis Clinical Outcomes Research Annual Conference, Orlando, FL.
  17. **Kalina, E.**, Boyd-Frenkel, K., Patock-Peckham, J. A., Schneidewent, L., Broussard, M. L., & Leeman, R. F. (2023, June). *Does relationship-contingent self-esteem play a role in the stress to impaired control pathway to alcohol-related problems among college-aged men and women?* In J. A. Patock-Peckham & J. Canning (chairs), New developments in trauma, stress, coping motives, and impaired control from novel survey, latent variable, self-administration, and machine learning methods. Symposium presented at the Research Society on Alcohol Annual Scientific Meeting, Bellevue, WA.
  18. **Kalina, E.**, Wu, J., Starkweather, A., Cho, H. (2023, July). *Alleviating Cancer-Related Symptoms with Cannabis: A Systematic Review*. Poster presented at the Research Society on Marijuana Annual Scientific Meeting, Long Beach, CA.
  19. **Kalina, E.**, Melby, J., Powers, C., Cheong, J., Scaglione, N. M. (2023, June). *Assessing protective behavioral strategy reactivity to an ecological momentary assessment protocol: Implications for prevention*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, Bellevue, WA (also presented at the DK Stanley Memorial Symposium 2023 at the College of Health and Human Performance, University of Florida, Gainesville, FL).
  20. Leeman, R. F., **Kalina, E.**, Berey, B. L., Frohe, T. (2023, August). *Trait and alcohol-related disinhibition in relation to heavy drinking and alcohol-related problems*. Poster presented at

Division 50 - Society of Addiction Psychology, American Psychological Association annual meeting, Washington D.C.

21. Wilson, B., **Kalina, E.**, Berey, B., Frohe, T., Leeman, R. F. (2023, June). *Best practices for human laboratory paradigms to model impaired control over alcohol use*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, Bellevue, WA.
22. **Kalina, E.**, Wilson, B., Berey, B., Frohe, T., Benvenuti, M.C., Schaefer, S., O'Malley, S., & Leeman, R. F. (2022, June). *Validity of a lab paradigm to capture impaired control over alcohol use*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, Orlando, FL (also presented internally at the annual DK Stanley Memorial Symposium 2022 at the College of Health and Human Performance, University of Florida, Gainesville, FL).
23. Wilson, B., **Kalina, E.**, Rosner, B., Berey, B., Frohe, T., Stellefson, M., Muench, F., O'Malley, S., & Leeman, R. (2022, June). *Factor structure, reliability and validity of a modified system usability scale for alcohol-related technology among young adults who drink heavily*. Poster presented at the Research Society on Alcohol Annual Scientific Meeting, Orlando, FL.
24. Salti, N., Patock-Peckham, J. A., **Kalina, E.**, Koehler, N., Adamo, M., Bitsoih, J., Berberian, S., Bobel, E., Belton, D., Infurna, F., Tein, J., Sanabria, K. F., Gupta, T., D'Ardenne, K., McClure, S. (2021, June). *Is Emotional Abuse a Contributing Indirect Link to Impaired Control, Alcohol Use, & Related Problems Through the Mediating Mechanism of Neuroticism?* Poster presented at the Research Society on Alcohol Annual Scientific Meeting, virtual conference due to Covid-19.
25. Patock-Peckham, J.A., Smyth, H., Canning, J.R., Ruof, A., Belton, D., **Kalina, E.**, Berberian, S., Sanabria, F., Infurna, F., D'Ardenne, K., McClure, S., Corbin, W. R. (2021, June). *Does Acute Stress Interact with an Emotional Abuse Childhood History and a Lifetime Allostatic Load on AD Libitum Alcohol Use?* Poster presented at the Research Society on Alcohol Annual Scientific Meeting, virtual conference due to Covid-19.
26. Puga, S., Broussard, M., Boyd-Fenkel, K., Benjamin, A., Noudali, S., **Kalina, E.**, Patock-Peckham J.A. (2020, June). *Does Relationship-Contingent Self-Esteem play a direct role and indirect role in the Stress Pathway to Impaired-Control, Heavy Episodic Drinking, and Alcohol-Related-Problems?* Poster presented at the 43<sup>rd</sup> Annual Research Society on Alcohol Scientific Meeting, virtual conference due to Covid-19.
27. **Kalina, E.**, & Johnson-Glenberg, M. C. (2020, June). *Presence and platform: Effects of embodiment comparing a 2D computer and 3D VR game*. Paper presented at the 6th International Conference of the Immersive Learning Research Network (iLRN), San Luis Obispo, CA, USA.
28. Johnson-Glenberg, M. C., Ly, V., Su, M., Zavala, R. N., Bartolomeo, H., & **Kalina, E.** (2020, June). *Embodied agentic STEM education: effects of 3D VR compared to 2D PC*.

Paper presented at the 6th International Conference of the Immersive Learning Research Network (iLRN), San Luis Obispo, CA, USA.

## **CURRENT PROFESSIONAL MEMBERSHIPS**

Southern HIV and Alcohol Research Consortium  
 Consortium for Medical Marijuana Clinical Outcomes Research  
 Center for Addiction Research & Education, University of Florida  
 Center for Behavioral Economics and Health Research, University of Florida  
 Research Society on Alcohol  
 American Psychological Association

## **GRANT SUPPORT**

### Current Support

2025-2027

National Institute of Alcohol Abuse and Alcoholism (NIH/NIAAA F31AA032440). *An EMA Investigation of Impaired Control Over Alcohol among Heavy Drinking College Students*. Impact score: 11. Award: \$99,076 (Role: PI). Award terminated early due to PhD completion and graduation.

2023 – 2026

National Institute of Alcohol Abuse and Alcoholism (NIH/NIAAA R34AA031379). *Expanding the uSafeUS Mobile App to Reduce Alcohol-Involved Sexual Assault on College Campuses*. Award: \$677,535 (Role: Study coordinator [PI: Nichole Scaglione]).

### Past Support

2022-2025

National Institute on Alcohol Abuse and Alcoholism (T32AA025877). *Translational Science Training to Reduce the Impact of Alcohol on HIV Infection* (Role: Trainee [PI: Robert Cook]).

2020 – 2024

Department of Defense Psychological Health and Traumatic Brain Injury Program: Sexual Assault Prevention and Response (DoD/PHTBI SAPR W81XWH-20-2-0014). *Reducing sexual assault at the US Air Force Academy: Adaptation, implementation, and evaluation of the Sexual Communication and Consent program*. Award: \$883,875 (Role: Graduate research assistant [PI: Nichole Scaglione]).

2021-2022

National Institute on Alcohol Abuse and Alcoholism (R21AA026918). *A Smartphone App to Capture Impaired Inhibitory Control as a Novel Moderate Drinking Tool for Young Adults*. Award: \$447,392 (Role: Graduate research assistant [PI: Robert F. Leeman]).

## TEACHING & MENTORSHIP

### *Research Mentorship*

University of Florida | 2021–Present

- Trained and supervised undergraduate and graduate research assistants across multiple federally funded studies (e.g., NIAAA R34AA031379, NIAAA F31AA032440, DoD/PHTBI SAPR W81XWH-20-2-0014).
- Provided hands-on instruction in clinical alcohol and mental health assessments (e.g., Timeline Followback, SCID, Columbia Suicide Severity Rating Scale) and alcohol administration data collection methods, including bar tending, administering alcohol, and serving as confederates in the EDGE Lab.
- Trained graduate research assistants in qualitative data analysis for a DoD–funded study (DoD/PHTBI SAPR W81XWH-20-2-0014).
- Supervised two research interns in the development of IRB materials for an NIAAA R34 pilot randomized controlled trial (AA031379).
- Trained and supervised research assistants to conduct ecological momentary assessment (EMA) participant trainings with high procedural fidelity as part of my NIAAA F31 project (AA032440).
- Provided mentorship on the development and presentation of conference posters (5+) and dissemination of research findings.

### *Undergraduate Students*

Brianna Rosner, Supervised undergraduate honors thesis research project and reviewed final manuscript.

## INVITED GUEST LECTURES

1. **Kalina, E.** (Fall 2024). *Using EMA to Understand Impaired Control in College Students: An F31 Proposal*. Invited talk for the Health Education and Behavior Brown Bag, University of Florida.
2. **Kalina, E.** (2023; 2024; 2025; 2026). *Cannabis*. Invited talk for the Drug Education Behavior Course (HSC 4143/5142) in the Department of Health Education and Behavior, University of Florida, Gainesville, FL.

## **SERVICE**

### *Institutional Service*

2023-2024: Graduate Student Council (representative for Department of Health Education and Behavior)

2023: Mentorship Award Review Group: Reviewed applicants for the outstanding mentorship award at UF.

### *Service to the Field*

#### *Ad Hoc Journal Reviewer:*

Personality and Individual Differences

2023-2025: Manuscript Review Experience (under supervision of Dr. Nichole Scaglione), assisted in peer-review of manuscripts from journals including *Journal of Studies on Alcohol and Drugs*, *Alcohol*, *Clinical and Experimental Research*, and *JMIR mHealth and uHealth*

2022: RSA Mentorship Program: Supported mentor and mentee matching, coordinated matched pairs.

### *Community Service*

2023-2025: Board Member of the Pride Community Center of North Central Florida